

FRIDAY | JANUARY 22ND | SCHEDULE

8:00am EST Exhibit Hall Opens: Listen to seminars presented by our exhibitors. Open all weekend!

7:00pm EST Opening Keynote with Hilda Labrada Gore: Stay Strong

8:00pm EST Dr. Maya Shetreat: Healing Through The Invisible World

SATURDAY | JANUARY 23RD | SCHEDULE

8:00am EST || Energizing & Grounding Breathwork with Wim Hof Instructor Bob Soulliere

9:00am EST || Leslie Bobb: The Vagus Nerve: Gut-Microbe-Brain Communication Highway

9:45am EST || Joel Salatin: Soil Microbiomes, Our Food Supply & Our Health

10:45am EST || Hannah Crum: Spiritual Lessons From The Kombucha SCOBY

11:45pm EST || Dr. Ameet Aggarwal: The Gut Microbiome - Liver - Emotion Connection

12:30pm EST || Beth Lambert: **Hope For Children's Health Through The Microbiome**

1:30pm EST || Lunch Break

Exhibit Hall

2:00pm EST || Live Q&A: Non Toxic Skincare for Autoimmunity w/ Kay Ryder

2:30pm EST || Live Q&A: How To Use CBD For Calming Anxiety & Supporting w/ Ross Efaw

3:00pm EST || Live Q&A: Healthy Soil Microbiome Tips For Home Gardening w/ Debby Ward

3:30pm EST || Live Q&A: PEMF Technology: Keeping Healthy Just Got Easier! w/ Susan Finley

4:00pm EST || Mark McAfee: Lessons From The Breast

5:00pm EST || Larry Cook: Exploring Problems With The V@ccine Approach

 $6:15pm\ EST\ ||\ Dinner\ Break$

 $7\!:\!00\mathrm{pm}\parallel\mathrm{Cilla}$ What cott: Healing Our Relationship With Microbes

8:00pm EST || Hilary Boynton: Feeding Your Family For Bulletproof Immunity

9:00pm EST || The Relaxation Technique Meditation w/ Robin Shirley



SUNDAY | JANUARY 24TH | SCHEDULE

8:00am EST Energizing & Grounding Breathwork with Wim Hof Instructor Bob Soulliere

9:00am EST Andrea Beaman LIVE: How I Used Food & Herbs To Heal From C*vid-19

10:00am EST Dr. Larry Palevsky: Understanding C*vid-19 & The Vital Role Viruses Play In Human Health

11:00am EST Dr. Thomas Cowan: The Contagion Myth Pt. 1

12:00pm EST Sally Fallon Morell: The Contagion Myth Pt. 2

12:30pm EST Arthur Firstenberg: 5G & Radiation: The Urgent, Untold Story

1:30pm EST Lunch Break

Exhibit Hall

2:00pm EST Live Q&A Yoga Therapy For The Gut/Stress Connection w/ Jennifer Downing

2:30pm EST Live Q&A Chocolate's Rich History & Health Benefits w/ Galo Pazmino

3:00pm EST Live Q&A An Ayurvedic Skincare Approach w/ Shweta Lengade

3:30pm EST Live Q&A Baby and Childhood Eczema & Detoxification w/ Robin Shirley

4:00pm EST Chris Buonocore: Solutions For 5G & EMFs In Your Home

5:00pm EST Cheyanne Welton: Chronic Illness & Mold

5:30pm EST Meredith Dykstra: Living Joyfully With The Microbes All Around Us

6:15pm EST Dinner Break

7:00pm EST Jason Shurka: Where's the Proof? Intuition, Energy and Human Ascension

8:00pm EST Lorie Ladd: How To Nourish Our Relationships Through Our Differences

MONDAY & TUESDAY | JANUARY 25TH & 26TH | SCHEDULE

Event Available For Viewing - for those who need to catch up!